



RED ARROW - ACCESS ROAD TO COASTAL ECO CENTRE
 RED LINE - ROUTE AROUND COASTAL ECO CENTRE (1.3K)
 BLUE DOT - WATER STATION

Distance: 5k over 2 laps (within the Coastal Eco Centre)

The run element will leave transition and head onto the private access road, through the same opening for the bikes. Turning right towards the Coastal Eco Centre (CEC). The run will follow the private road into the Coastal Eco Centre where it will follow a short 1.2k course on multi-terrain, then returning along the private road to a turning point to complete 1 more lap of the course at the CEC before returning to RHP, through the fence opening and across the finish line located next to transition.